The “Getting Ready for Surgery” guide gives you information to fully prepare you for surgery. This checklist will help you remember some of the important points from the booklet.

Once your surgery is scheduled
☐ Check with your insurance company to see if you need authorization for your surgery.
☐ Check with your employer or Human Resources for disability paperwork. Contact our Provider Correspondence Unit (PCU) at (262) 687-8408 for instructions.
☐ Arrange for an adult to drive you home. Find someone to stay with you the first 24 hours.
☐ If you are currently on medications or natural or herbal supplements, check with your doctor to see if they need to be stopped before surgery. Do not stop taking medications without checking with your doctor.
Medication name(s): __________________________________________________________________
Date stopped: __________________________________________________________________
☐ Go to all scheduled appointments:
☐ Primary doctor - Date/time ____________________________ Physician name: _______________________
☐ Lab tests - Date/time ____________________________ Location: ________________________________
☐ Chest/X-rays - Date/time __________________________ Location: ______________________________
☐ Blood type/screen - Date/time ______________________ Location: ____________________________
☐ EKG - Date/time ____________________________ Location: ________________________________
☐ MRSA test - Date/time __________________________ Location: ______________________________
☐ Other: __________________________________________________________________

24 hours before your surgery
☐ Notify your doctor of any changes in your health.
☐ No smoking or drinking alcoholic beverages.
☐ If you have not been contacted to pre-register for your surgery, call the Patient Registration Department at (262) 687-5100, Monday through Friday, 8 am – 8 pm.

Evening before your surgery
☐ Regular evening meal ☐ Clear liquid diet ☐ Bowel prep
☐ Change your bed sheets to help prevent infection.
☐ Bathe or shower. ☐ with Hibiclens®

(continued on back)
Day of surgery

SCHEDULE:

Date: ____________________________________________

Arrival time: ____________________________________________

Planned surgery time: ____________________________________________

☐ Do not eat or drink solids, dairy products, mints, or chewing gum after:
  (Time) __________________________ (Date) ____________________________

☐ Do not drink any liquids (including water or coffee) after:
  (Time) __________________________ (Date) ____________________________

☐ Take only these medications, with a small sip of water:

____________________________________________________________________

☐ Bathe or shower. ☐ with Hibiclens®

☐ Brush teeth – Do not swallow water!

☐ Remove contact lenses, wigs, and body piercings.

☐ Do not wear make-up or jewelry. ☐ Remove nail polish and artificial nails.

What to bring to the hospital

☐ Insurance cards ☐ Photo ID

☐ “Getting Ready For Surgery” guide ☐ Co-pay

☐ Papers given to you by your doctors ☐ CPAP

☐ Containers to store glasses, contact lenses, and other items

☐ Other supplies if necessary (i.e., slippers, toiletries, therapy equipment, a loose-fitting outfit, etc.)

When you go home

☐ A responsible adult must drive you home.

☐ Follow all written instructions you receive and take prescriptions as indicated.

☐ No smoking and alcoholic beverages for 24 hours.

Follow up appointment(s):

Date: __________________________ Time: __________________________ Doctor: __________________________

Date: __________________________ Time: __________________________ Doctor: __________________________

Date: __________________________ Time: __________________________ Doctor: __________________________